Influenza A (H1N1 and H3N2) Surveillance Report, Haryana

Date: 19/10/2026

- **Statusof cases**

	H1N1		H3N2	
	As on 19/10/2026	Cumulative w.e.f. 01/01/2026	As on 19/10/2026	Cumulative w.e.f. 01/01/2026
Confirmed cases	2	578	0	24
Cases admitted in hospital	0	4	0	0
Active cases	2	6	0	0
Recovered cases	6	555	0	23
Deaths	0	1	0	0
Deaths with comorbidities	0	16	0	1

- **District wise distribution of cases**

S. no.	District	H1N1			H3N2		
		As on 19/10/2026	Cumulative w.e.f. 01/01/2026	Cumulative deaths w.e.f. 01/01/2026	As on 19/10/2026	Cumulative w.e.f. 01/01/2026	Cumulative deaths w.e.f. 01/01/2026
1.	Faridabad	0	92	0	0	1	0
2.	Hisar	0	82	6	0	3	0
3.	Gurugram	0	48	0	0	3	0
4.	Karnal	0	53	0	0	3	0
5.	Palwal	0	19	0	0	1	0
6.	Ambala	0	37	0	0	1	0
7.	Jhajjar	0	17	0	0	0	0
8.	Bhiwani	0	25	0	0	0	0
9.	Sonipat	0	26	2	0	3	0
10.	Kurukshetra	0	29	2	0	0	0
11.	Yamunanagar	0	14	1	0	2	1
12.	Panipat	0	29	1	0	1	0
13.	Panchkula	0	13	1	0	1	0
14.	Kaithal	0	9	0	0	2	0
15.	Rewari	2	22	0	0	0	0
16.	Fatehabad	0	12	0	0	0	0
17.	Jind	0	13	0	0	0	0
18.	Sirsa	0	16	2	0	0	0
19.	Mahendergarh	0	6	0	0	0	0
20.	Charkhi Dadri	0	4	2	0	0	0
21.	Rohtak	0	11	0	0	3	0
22.	Nuh	0	1	0	0	0	0
Total		**2**	**578**	**17**	**0**	**24**	**1**

- **Brief Summary:**

Seasonal influenza is an acute respiratory infection caused by influenza viruses which circulate in all parts of the world, and the cases are seen to increase during certain months globally.

Adults who are of age 65 years or older, children younger than 5 years, pregnant women, people with chronic diseases (diabetes, hypertension, airway disease and heart disease etc.) are at higher risk for severe illness, so on facing any symptoms or on confirmation should report to nearest health facility.

- **Symptoms**

Common symptoms	Other symptoms may include
• Fever • Cough • Sore throat • Runny or stuffy nose • Difficulty in breathing	• Body aches • Headache • Chills • Diarrhoea • Vomiting • Blood in sputum • Fatigue

- **Preventive measures**

Do's	Don'ts
• Wear mask and avoid crowded places • Wash your hands often with soap and water or use an alcohol-based hand sanitizer • Avoid touching your eyes, nose or mouth • Stay more than arm's length from persons affected with flu • Cover your mouth and nose with a handkerchief or tissue when you cough or sneeze • Drink plenty of fluids and eat nutritious food	• Shake hands or hug in greetings • Spit in public • Eat in groups • Take antibiotics or other medicines without consulting a doctor